



Common Ground Society™
In Partnership with
Community Foundation of Sonoma County

PROUDLY PRESENTS

Common Ground Society Speaker Series: Monthly conversations creating connections for adults with disabilities to support mental, physical and emotional wellness.

Please Note: This speaker series is for Adults with Disabilities 18+

Common Ground Society™

This speaker series has been developed to further educate, support, and inform adults with disabilities on the vast number of programs, services available and discuss a wide range of topics to adults (18+). It's our sincere goal that you join us. We hope with each speaker you will leave feeling empowered and better prepared as an individual on your mental, physical and emotional wellness journey.

Topics Being Covered

Mental Health Support & Awareness

Housing

SSI/CalAble

Social Media Awareness

Health/Fitness

Medical Resources

Legal Resources & Voting Rights

Hiring & Job Placement in Sonoma County

Local Resources for the Library & Gym Memberships

+ SO MUCH MORE!

We strongly encourage you to attend every meeting –
There's always something to learn!

HELLO. BELONGING.™



Frequently Asked Questions

Can anyone attend? This speaker series is designed for Adults with Disabilities (18+). We encourage participants to ask questions and learn valuable tools and resources from each speaker.

Why should I attend? This speaker series is designed to give you power and knowledge about resources offered to you. You will gain information, insight and BONUS if you attend 75% of our meetings we do have prizes!

Are you handing out flyers or materials at each speaker series? Yes. Each speaker will hand out material and Common Ground Society has designed a unique Participant Portal on our website for you to login and see what we have covered and will be discussing each month.

Can my parent or caretaker come and listen? Yes, if they are bringing the participant to the speaker series.

Will you be serving food? Yes, we will serve light refreshments.

How long is the speaker series? The conversations will start in Jan. 2023 and are monthly through Nov. 2023. Each conversation will be approximately an hour. Virtually and via Zoom. Dates and times TBD based on survey results.

Do I have to sign a waiver? Yes, all participants will be asked to sign a waiver of liability, waiver for photos to be published, and a Covid 19 Waiver form.

Where is the Speaker Series being held? For most meetings the speaker series will be held at Early Learning Institute, 311 Professional Center Drive Ste. 100 Rohnert Park, CA 94928.

Do you provide transportation? No, not at this time.

What can I expect at each conversation? We will discuss the prior months topics briefly and then our speaker will talk about their topic of expertise with Q & A at the end.

Should I take notes? While it is always helpful, we will keep all topics discussed in the participants portfolio and on their unique login on our website.

Is my information kept private? Yes. Your personal information is kept confidential (name, email, phone number and address).

Do you already have speakers? YES! Each month we will send an email out of who is the presenting guest speaker. We highly encourage you to attend as many as you are able, there is always something to learn!

How do I sign up to attend the speaker series? Fill out the survey attached to this email and we will add you to the list!

Who is Common Ground Society? Check us out! commongroundsociety.org

THANK YOU

for being the one.



HELLO. BELONGING.

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